



FORMATION 21C

Dealing with stress disorders

ACCOMPANYING TRAUMATIZED PEOPLE

In partnership with



For leaders
and
pastors

Course language

German, English, Farsi, Ukrainian

Costs

For migrants without means: free
of charge incl. documents
For all others: voluntary
contribution (cost-covering CHF
450.-) excl. documents



Training & Supervision

Sat. 20 January 2024

Sat. 27 January 2024

Sat. 2 March 2024

Sat. 6 April 2024

from 9am to 12:30 pm in the
SPM Auerehuss in Wädenswil
(Auerehuusstrasse 10)

Intervision

Sat. 14 February, 2024

Sat. 16 March 2024

10:00 to approx. 11.30
am
online (Zoom)





ACCOMPANYING TRAUMATIZED PEOPLE

The training takes place on a part-time basis. The teaching units include lectures and group work. The self-study time also includes assignments for the following teaching units. Intervision times are scheduled between the teaching units. Here students reflect on their practical experiences in the group work. Unresolved challenges can be brought up in the scheduled supervision.

Learning objectives

- The technical foundations on the topic of post-traumatic stress disorder
- Recognizing PTSD in migrants
- Dealing with traumatized people in friendly relationships
- Helping people with PTSD on the basis of helping them to help themselves
- Praying with affected people
- Leading self-help groups

Effort and degree

For the self-study and the practical implementation (until April 6) another 60 lessons have to be included. Both are a prerequisite for the certificate. 3 ECTS.

Registration and information

The detailed course description can be requested by email.
Registrations after January 6, 2024 cannot be considered.
Contact: info@f21.ch or WhatsApp +41 79 602 96 22